



Mental Health Facilitator

Position Summary:

The Mental Health Facilitator will support students, families, and schools in a variety of ways including one-on-one situations, small group, and classroom interventions. The model used is “strength-based” and “solution-focused” and relies on existing student strengths to support social, emotional, academic, and physical well-being.

Goals of a Mental Health Facilitator Position:

To provide support and services to students, families, and schools to enhance the overall functioning and academic performance of the student by:

- Building on strengths to improve the social, emotional, and academic functioning of a student
- Building relationships with students, families, schools, and communities
- Ensuring that programs are accessible to students and families
- Building upon the strengths of a student and family within their home community

Responsibilities and Duties:

- Consult with and support students, families, and schools through a referral process. Such referrals may result from:
 - A student experiencing loss, family illness, or changes to the family structure (separation and divorce)
 - Parent-teen conflict
 - Anxiety, depression, self-harming behavior
 - Difficulty with adjusting to the school environment
 - Low self-esteem and self-worth
 - Poor school attendance
 - Poor connection with school, community, and peers
 - Substance abuse
 - Sexual health
 - Family counselling and support to parents
 - Students at-risk of dropping out of school
- Meet with students individually or in small groups to support personal, emotional, and social needs.
- Provide preventative and supportive programming in classroom settings.
- Assist students with behavioral, social, and emotional issues by providing support and interventions.



- Work with students and families to assist them in resolving problems a student is experiencing, which are interfering with his/her success in school.
- Advocate on behalf of the student, the family group, and the school.
- Provide workshops for parents/guardians.
- Act as a liaison between home, school, and community agencies to enhance coordination of services to children, families, schools, and parents/guardians.
- Collaborate with outside agencies as needed.
- Assist parents in the referral of their children to outside agencies.
- Assist in the development, implementation and facilitation of prevention and intervention programs as identified by school/divisional teams.
- Offer professional development to school staff, parent groups and community organizations.
- Participate on Division and community committees as required.
- Engage in personal professional development through attendance at conferences, review of current literature, and membership in professional organizations.
- Other duties as assigned by the Director of Student Services or Superintendent.