

2015 Premier's Healthy Living Award

Samantha Geekie, a Grade 12 student from Strathclair School, has received the 2015 Premier's Healthy Living Award for Youth. This award recognizes the achievements of young Manitobans who are positive role models for other children and youth in promoting healthy lifestyles.

Samantha believes that sport should be available to all. She volunteers wherever she is needed, whether it is by helping to make ice, building baseball dugouts, doing repairs at the local arena, or helping facilitate sporting workshops. Sam has also coached and refereed middle years' sports. She believes in being a good role model to younger students by leading a balanced and healthy lifestyle, with an emphasis on exercise and good nutrition. She shows others that it is okay for a girl to be strong and to love sport, and that gender should not have to be a barrier for high quality sports programs.

This full list of this year's recipients are:

- Samantha Geekie, Strathclair School
- Sarah Baldwin, West Kildonan Collegiate
- Andrena Bayer, Mel Johnson School
- Tessa Clark, Morris School
- Emma Gray, Erickson Collegiate
- Nina Lam, Fort Richmond Collegiate
- Jaiden Moise, Frontier Collegiate
- Chayce Osatchuk, Swan Valley Regional Secondary School
- Thomas Semchyshyn, St. Paul's High School
- Glenn Shatford, R. D. Parker Collegiate

Each recipient received a medal, bursary and certificate for their achievements, as well as a letter of congratulations from the Premier at the December 17 public recognition event at the Legislative Building.

