



## PARK WEST SCHOOL DIVISION

*Learners Today, Leaders Tomorrow*

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**Date:** May 2014

**Topic:** **Health Care Aide program proposal**

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Attached is an overview for the **Comprehensive Health Care Aide program** to be offered jointly by Park West School Division and Assiniboine Community College (ACC) in 2014-2015.

Any students interested in enrolling in the program should first talk to their guidance counselor or principal.

Schools will then submit names of interested students to our divisional Vocational Education Facilitator Lindsay Rubeniuk by Friday, May 30<sup>th</sup>. Students will be notified of their acceptance into the program by Friday, June 6<sup>th</sup>.





## PARK WEST SCHOOL DIVISION

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### Health Care Aide program

The Comprehensive Health Care Aide is a dual credit program offered jointly by Park West School Division and Assiniboine Community College (ACC). The program will prepare students for entry level jobs in the health care field as nursing aides in hospitals, care homes as well as home care workers. Students will acquire basic knowledge and skills required to assist in caring for patients of all ages in hospitals, nursing homes, and the community.

#### Program overview:

- This program allows students the benefit of completing their high school graduation and the Assiniboine Community College Health Care Aide Certificate.
- There are eleven ACC courses incorporated into six high school credits, two of which are work practicums in the community.
- The program will support an enrolment of 10-20 divisional students.
- This ACC accredited program is offered at no cost for tuition, uniforms, or books to eligible students in Grade 11 or 12 in any Park West high school.
- Students are responsible only for immunizations, footwear, and a watch.
- The program may also be accessible to qualifying adults who are high school graduates at their cost depending on seat availability.
- Health Care Aide students are enrolled simultaneously in their home high school as well as at ACC. The credits earned in this program are registered at both their home high school as well as at ACC.
- Upon successful completion of the program, students may receive six to eight Grade 12 credits as well as the ACC Comprehensive Health Care Aide certificate which is recognized in the health care field across Manitoba.
- While this program is open to high school students, it should be noted that the courses are delivered at a college level by ACC and the requirements are those of a college classroom. While a high school credit may be granted if the student achieves a grade of 50% or better, the college requires a minimum of 80% to be eligible for their certificate. The college reserves the right to change its requirements as they see fit.
- All admissions will be done in consultation with Assiniboine Community College (ACC).

## **Objectives/Learning Outcomes:**

### **Students who complete the Comprehensive Health Care Aide program will:**

- Understand and use the theory that forms the basis of the responsibilities of the health care aide
- Recognize, understand, and respect the individuality, rights, and concerns of patients
- Communicate effectively with patients and their families
- Develop helping relationships with patients and their families
- Provide direct care that promotes the comfort and safety of patients
- Promote independence, particularly with activities of daily living, within patient capabilities
- Detect and report changes in the physical and emotional status of patients
- Respond to the physical and emotional needs of patients
- Recognize and report concerns associated with the sociocultural and spiritual needs of patients
- Follow the general scientific principles associated with theoretical concepts
- Follow institutional policies
- Perform manual skills safely and effectively
- Perform selected home management and maintenance tasks safely and efficiently
- Use a problem-solving approach
- Organize and prioritize own workload
- Document on patients' records appropriately
- Maintain confidentiality of all patient information
- Communicate effectively (both orally and in writing) with other health care team members
- Participate as a member of the health care team
- Demonstrate responsibility in job performance

### **Sites for program delivery:**

- The in-class instructional component of the program will be delivered at Birtle Collegiate.
- Students from other Park West communities will be bussed from their home schools.
- The practicum placements that have been confirmed are at the hospitals in Shoal Lake and Birtle. These placements have been approved by the Prairie Mountain Health Authority.

### **Practicum overview:**

- While enrolled in the Comprehensive Health Care Aide program, you will have opportunities to gain experience in simulated laboratory settings in the classroom and in actual practice settings in health care agencies.
- The practice settings or practicum involves clinical work experience in regional health care facilities.
- Typical tasks in this field include dressing or assisting with hygienic needs, serving meals and feeding clients, lifting, moving, or assisting patients in walking, and observing and reporting patient conditions.

### **High school course designations:**

- Students enrolled in the dual credit program will take six courses which will provide both high school credit and certification in Comprehensive Health Care Aide at Assiniboine Community College (ACC):
  - Introduction to Applied Child Care 30S (Manitoba Ed course code - 8659)
  - Safety in Health Care 40S (MB Ed - 8804)
  - Human Relations 40S (MB Ed - 8803)
  - Aging and Related Disorders 40S (MB Ed - 8808)
  - Concepts for Practice 40S (MB Ed - 8811)
  - Personal Care Skills and Needs 40S (MB Ed - 8812)
- High school students may also use these credits towards a Manitoba Senior Years Technology diploma. Interested students would be required to complete any two of the following four courses:
  - Home Economics 10S
  - Home Economics 20S
  - Home Economics 30S
  - Family Studies 30S

## **Assiniboine Community College course designations:**

- To graduate with a Comprehensive Health Care Aide Certificate from Assiniboine Community College, you must successfully complete 33 credits (eleven three credit courses). These ACC credits are embedded in the six high school courses.
- **Comprehensive Health Care credits required by ACC:**
  - HLTH-0176 Daily Living Laboratory
  - HLTH-0175 Daily Living Theory
  - HLTH-0004 Gerontology
  - HLTH-0003 Growth and Development
  - HLTH-0005 Health Issues/Community Health
  - WRKP-0002 Health, Environment & Safety
  - COMM-0037 Human Relations/Communication
  - HLTH-0006 Mental Health
  - HLTH-0002 Nutrition
  - PRAC-0074 Practicum 1 - CHCA
  - PRAC-0040 Senior Practicum CHCA

## **Course information:**

### **Introduction to Applied Child Care 30S:**

- This course provides a general overview of growth and development from infancy to late adulthood. Students examine normal physical, cognitive, social and emotional development through the stages of life.
- Includes ACC courses:
  - HLTH-0003 Growth and Development
  - HLTH-0002 Nutrition

### **Safety in Health Care 40S:**

- This course introduces the learner to health care and its diverse environments. It includes topics such as the role of the health care aide, the health team, ethics and legal issues, organization for work and safety in the workplace. Topics such as infection control, providing a clean environment, communicable diseases, accident prevention, Workplace Hazardous Materials Information System (WHMIS) and fire safety are also discussed.
- Includes ACC courses:
  - HLTH-0005 Health Issues/Community Health
  - WRKP-0002 Health, Environment & Safety

### **Human Relations 40S:**

- This course provides a general overview of the basic communication process. It includes effective and ineffective communication techniques and provides for communication practice sessions. The course also focuses on values and goals clarification and includes such topics as social and emotional needs of clients, dealing with stress, working with families and caring for culturally diverse client groups.
- Includes ACC courses:
  - COMM-0037 Human Relations/Communication

### **Aging and Related Disorders 40S:**

- This course enables the learner to explore his/her own attitudes towards old age and the aging process. It includes topics such as changes in normal aging, promoting wellness and independence, death and dying palliative care.
- Includes ACC courses:
  - HLTH-0004 Gerontology
  - HLTH-0006 Mental Health

### **Concepts for Practice 40S:**

- Current certification is provided in basic rescuer cardiopulmonary resuscitation (CPR), current immunizations, recent criminal record check and child abuse registry check. This 120 hour clinical practicum is designed to introduce student to the real world of health care. Learners focus on the application of basic skills of the health care aide in order to meet the needs of the client in personal care homes, long-term care facilities, and acute care settings. This course enables student to integrate theory to practice in the clinical area. Practice is under the close supervision of the college facilitator.
- Includes ACC courses:
  - HLTH-0175 Daily Living Theory
  - PRAC-0074 Practicum 1 - CHCA

### **Personal Care Skills and Needs 40S:**

- This course focuses on basic personal care skills taught in a laboratory setting. Some of the topics include principles of good body mechanics, body positioning, moving the client, restraints, aids to mobility, bathing, elimination and skin care. Other topics such as foot care, activities of daily living, clothing and its care, and bed making are covered. A component of this course is learning and understanding medical terminology.
- Includes ACC courses:
  - HLTH-0176 Daily Living Laboratory
  - PRAC-0040 Senior Practicum CHCA